

WG = Whole Grain  
 WW = Whole Wheat  
 All meals include: skim, 1%, and skim choc. milk

# March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
			<b>1</b> WG Fish Fillet (4-12) Steamed green beans, Baby carrots/celery sticks, mixed peppers, apple crisp/mand oranges	<b>2</b> Chicken Alfredo, Romaine/Mesclum salad, gr. tomatoes, cukes, baby carrots, WG bread stick, Diced peaches/ mixed fruit	<b>3</b> Beef Patty on WG Bun Tri Patty Potatoes Fresh veggies Applesauce/diced pears	<b>4</b>																																																																																				
<b>5</b>	<b>6</b> WG Pizza, Romaine/ Mesclum salad, grape tomatoes, cukes, baby carrots, steamed corn, Apple/Raisins	<b>7</b> Breaded Pork Chop Mashed potatoes/gravy Steamed baby carrots WW bread Mixed fruit/Pineapple	<b>8</b> Italian Spaghetti, WW noodles, Meat sauce, WG Bread stick, Mixed peppers, Fresh Broccoli/cauliflower Diced pears/Diced peaches	<b>9</b> Chicken Fajitas, WW flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, steamed peas, Fresh grapes/diced peaches	<b>10</b> Beef Hot Dog on WG coney bun Baked Beans, Sauerkraut, Sun chips, Mand. Oranges/ Applesauce	<b>11</b>																																																																																				
<b>12</b>	<b>13</b> WG Taco Max OR WG Chicken Quesadilla, Romaine/mesclum salad, gr. tomatoes, cukes, baby carrots, black bean salsa/chips, Fresh banana /raisins	<b>14</b> Turkey Roast in Gravy Mashed Potatoes, Sweet potatoes WG Dinner Roll/WW bread Diced peaches/mixed berries	<b>15</b> Taco's Hard Shells or WG flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, refried beans, Juice sorbet/diced pears	<b>16</b> Grilled Chicken on WG bun Baked Beans, Baby carrots/ celery sticks Mand. oranges/applesauce	<b>17</b> NO SCHOOL	<b>18</b>																																																																																				
<b>19</b>	<b>20</b> WG Chicken Nuggets, Romain/Mesclum salad Grape tomatoes/cucumbers Baby carrots, steamed mixed vegetables, WW bread Fresh orange/raisins	<b>21</b> Chili, WG crackers Cheese stick Fresh Broccoli/cauliflower WG Choc. chip cookie Mixed fruit/pineapple	<b>22</b> Italian Dunkers on WG Bun, Meat sauce, Steamed green beans, Fresh carrots/celery Diced pears/peaches	<b>23</b> Escalloped Potatoes, Ham Baked Squash WG dinner roll Mand. Oranges/ mixed berries	<b>24</b> Stoopy Joes on WG Bun Tator Tots Fresh veggies Applesauce/mand. oranges	<b>25</b>																																																																																				
<b>26</b>	<b>27</b> WG Corn Dog Potato Smiles Steamed peas Fresh Kiwi/raisins	<b>28</b> Mr. Rib Baked Potato Steamed Broccoli WG dinner roll/WW bread Diced peaches/pears	<b>29</b> WG Grilled Cheese Tomato soup, WG crackers Fresh fresh carrots/celery Applesauce/Mand. oranges	<b>30</b> Pizza Bake Romaine/mesclum salad, gr. tomatoes/cukes, baby carrots, WG Bread Stick, Pineapple/mixed fruit	<b>31</b> Pulled Pork on WG bun Baked Beans Cole Slaw Mand. oranges/diced peaches																																																																																					
					<p>February</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						<p>April</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					
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