

WG = Whole Grain

WW = Whole Wheat

All meals include: skim, 1%, and skim choc. milk

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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2	3 WG Pizza, Romaine/ Mesclum salad, grape tomatoes, cukes, baby carrots, steamed corn, Apple	4 Breaded Pork Chop Mashed potatoes/gravy Steamed baby carrots Pineapple	5 Taco's Hard Shells or WG flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, refried beans, Juice sorbet	6 Italian Spaghetti, WW noodles, Meat sauce, WG Bread stick, Mixed peppers, Fresh Broccoli/cauliflower Diced peaches	7 Beef Patty on WG Bun Tri Patty Potatoes Fresh veggies Mand oranges	8																																																																																				
9	10 WG Chicken Nuggets, Romain/Mesclum salad Grape tomatoes/cucumbers Baby carrots, steamed mixed vegetables, Fresh orange	11 Turkey Roast in Gravy Mashed Potatoes, Sweet potatoes WG Dinner Roll Diced peaches	12 Italian Dunkers on WG Bun, Meat sauce, Steamed green beans, Fresh carrots/celery Applesauce	13 Chicken Fajitas, WW flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, steamed peas, Fresh grapes	14 NO SCHOOL	15																																																																																				
16	17 NO SCHOOL	18 WG Taco Max OR WG Chicken Quesadilla, Romaine/mesclum salad, gr. tomatoes, cukes, baby carrots, black bean salsa/chips, Fresh kiwi	19 Turkey/cheese sub on WG bun, Shredded Romaine, diced tomatoes, steamed corn, Mand. oranges	20 Pizza Bake Romaine/mesclum salad, gr. tomatoes/cukes, baby carrots, WG Bread Stick, Pineapple	21 Beef Hot Dog on WG Coney bun, Baked beans Sauerkraut, Sun chips, Applecrisp	22																																																																																				
23	24 WG Corn Dog Potato Smiles Steamed peas Banana	25 Chicken Alfredo, Romaine/Mesclum salad, gr. tomatoes, cukes, baby carrots, WG bread stick, Mand oranges	26 Chili, WG crackers Cheese stick Fresh carrots/celery sticks WG Choc. chip cookie Raisins	27 Mr. Rib Baked Potato Steamed Broccoli WG dinner roll Mixed fruit	28 Stoppo Joes on WG Bun Tator Tots Fresh veggies Applesauce/mand. oranges	29																																																																																				
30					<p>March</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p>May</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
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