

WG = Whole Grain
 WW = Whole Wheat

All meals include: skim, 1%, and skim choc. milk

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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2	3 WG Pizza, Romaine/ Mesclum salad, grape tomatoes, cukes, baby carrots, steamed corn, Apple/Raisins	4 Breaded Pork Chop Mashed potatoes/gravy Steamed baby carrots WW bread Pineapple/Mixed fruit	5 Taco's Hard Shells or WG flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, refried beans, Juice sorbet/diced pears	6 Italian Spaghetti, WW noodles, Meat sauce, WG Bread stick, Mixed peppers, Fresh Broccoli/cauliflower Diced peaches/Mixed berries	7 Beef Patty on WG Bun Tri Patty Potatoes Fresh veggies Mand. orange/Applesauce	8																																																																																				
9	10 WG Chicken Nuggets, Romain/Mesclum salad Grape tomatoes/cucumbers Baby carrots, steamed mixed vegetables, WW bread Fresh orange/raisins	11 Turkey Roast in Gravy Mashed Potatoes, Sweet potatoes WG Dinner Roll/WW bread Diced peaches/diced pears	12 Italian Dunkers on WG Bun, Meat sauce, Steamed green beans, Fresh carrots/celery Applesauce/Mand oranges	13 Chicken Fajitas, WW flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, steamed peas, Fresh grapes/mixed fruit	14 NO SCHOOL	15																																																																																				
16	17 NO SCHOOL	18 WG Taco Max OR WG Chicken Quesadilla, Romaine/mesclum salad, gr. tomatoes, cukes, baby carrots, black bean salsa/chips, Fresh kiwi/raisins	19 Turkey/cheese sub on WG bun, Shredded Romaine, diced tomatoes, steamed corn, Mand. oranges/mixed berries	20 Pizza Bake Steamed mixed veggies, Fresh carrots/celery sticks, Bread Stick, Pineapple/mixed fruit	21 Beef Hot Dog on WG Coney bun, Baked beans Sauerkraut, Sun chips, Applecrip/dices peaches	22																																																																																				
23	24 WG Corn Dog Potato Smiles Steamed peas Fresh banana/mixed fruit	25 Chicken Alfredo, Romaine/Mesclum salad, gr. tomatoes, cukes, baby carrots, WG bread stick, Mand oranges/pineapple	26 Chili, WG crackers Cheese stick Fresh carrots & celery WG Choc. chip cookie Raisins/diced pears	27 Mr. Rib Baked Potato Steamed Broccoli WG dinner roll/WW bread mixed fruit/diced peaches	28 Stopy Joes on WG Bun Tator Tots Fresh veggies Applesauce/mand. oranges	29																																																																																				
30					<p>March</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p>May</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
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